



Opening doors to
those in need in
Fairfield County
since 1916



Did you know nearly 1 in 5 children in CT suffer from food insecurity?

HOW WE HELP IN STAMFORD



Daily Meals



Food Pantry



Family and Community Resources



Job Training



Housing Resources



“The vision for the new Stamford Family Center is to bring the most essential services under one roof. This ensures that when someone walks through our door, they can access multiple services they need to thrive.”

—MIKE DONOGHUE, EXECUTIVE DIRECTOR
CATHOLIC CHARITIES OF FAIRFIELD COUNTY





FOOD PANTRY

650 families / 1,500 individuals shop monthly.
Receiving **10 days** of groceries each!



SOUP KITCHEN

Open every day of the year serving breakfast, lunch, and dinner. **100** served per meal, on average!





“If we commit to continue to support this amazing program, then I think we go forward with affectionate awe... It suggests that the measure of the health of a community may well reside in our ability to stand in awe at what the poor have to carry, rather than stand in judgement at how they carry it.”

— FR. GREG BOYLE, FOUNDER OF HOME BOY INDUSTRIES, SPEAKER AT 2025 NEW COVENANT EVENT

OTHER SERVICES

Shower &
Toiletry
Program

Rental
Assistance

Loan and
Financial
Education

Healthcare
Referrals

Housing
Referrals

Self-
Sufficiency
Program

Community
Advocacy
Program

Mental
Health
Advocacy



NEW COVENANT CENTER CASE MANAGEMENT

Case Managers navigate complex systems providing personalized support and advocacy in the healthcare, housing, employment and social services sectors.





Transforming Lives Through Case Management

- Case Managers connect individuals to critical resources, helping them achieve stability, independence, and long-term wellness.
- Scheduled appointments average 35 per month/420 individuals per year.
- Touch Points/Quick Fix, problem solving 40 per day.

Targeted Support That Changes Outcomes



Housing Referrals for Emergency and Permanent Housing Placements



Medical & Mental Health Referrals



Job Skills Assistance and Placement

Through dedicated coordination and advocacy, we reduce barriers, lower system costs, and create lasting improvements in quality of life.

FUTURE STATE:

A welcoming, well-designed space on Stamford's East Side.

Features of the New Location:

- **More Space:** 13,000 square feet with a large commercial kitchen, pantry space, and offices.
- **Enhanced Support for Our Clients:** More services in a single location is a more effective way to serve those in need.
- **Optimized Resources and Efficiencies:** Combining the food pantry, soup kitchen, and senior nutrition program in one location reduces operational expenses.
- **Strong Partnerships:** Location is near key community partners, allowing for comprehensive and integrated programming.
- **Increased Accessibility:** Ample parking and bus access for clients, volunteers, and staff.





“Being new to Stamford, I didn’t know anybody. But I have like a family at this point.”

— SPENCER, NEW COVENANT CENTER CLIENT