

# Liberation

PROGRAMS





## Since 1971, Liberation Programs has been there for our community

We walk beside people navigating substance use, mental health challenges, trauma, and housing instability. Through our commitment to prevention, treatment, and community outreach, we provide care that saves lives, meets people where they are, and honors every step forward.

Serving individuals and families in Fairfield County, CT with mental health and substance use care and support.



# The challenges we face:



Stigma and shame



Cost and insurance  
barriers



Lack of access to  
comprehensive care



Workforce shortages



Housing insecurity



Criminalization  
instead of treatment



Transportation and  
geography



Youth-specific gaps



System  
fragmentation



# The crisis by the numbers

## National landscape

**80,000+**

In 2024, more than 80,000 Americans died of a drug overdose.

*This number is decreasing and it is at the lowest level since 2019.*

Source: [www.cdc.gov](http://www.cdc.gov)

**60%**

Fentanyl is involved in over 60% of overdose deaths nationwide.

Source: [www.rand.org](http://www.rand.org)

**42%**

42% of Americans personally know someone who has died from an overdose.

Source: [advisory/avalerehelath.com](http://advisory/avalerehelath.com)

**\$4 TRILLION**

The opioid epidemic costs the U.S. approximately \$4 trillion annually, with disproportionate impact on low-income communities.

Source: [drugfree.org/drug-and-alcohol-news](http://drugfree.org/drug-and-alcohol-news)



# The crisis by the numbers

## National landscape

**1 in 5**

1 in 5 U.S. adults experience mental illness each year, yet fewer than half receive treatment.

Source: [www.nami.org](http://www.nami.org)

**7 in 100**

Only 7 in 100 people who need treatment for substance use disorder receive it.

Source: [www.addictiongroup.org](http://www.addictiongroup.org)

**44%**

44% report cost as a barrier to accessing mental health care.

Source: [www.kff.org](http://www.kff.org)

Low-income, unhoused individuals, and communities of color are disproportionately impacted.



# The crisis by the numbers

## Connecticut snapshot

**3X**

Alcohol-related deaths in Connecticut have nearly tripled since 2012.

Source: [www.wshu.org](http://www.wshu.org)

**836**

The state recorded 836 overdose deaths in 2025, the vast majority involving fentanyl.

Source: [www.public.tableau.com](http://www.public.tableau.com) Heather.Clinton

**Xylazine**

An animal tranquilizer not approved for human use, is increasingly present in Connecticut's drug supply, complicating overdose response and treatment.

**179**

Since 2015, Stamford has lost 179 lives to overdoses, the second-highest total in Fairfield County during this period.

Source: [www.public.tableau.com](http://www.public.tableau.com) Heather.Clinton



# Who we help

Our doors are open to everyone, regardless of race, gender identity, age, background, or insurance status.

People who use drugs and are seeking safety, support, and options.

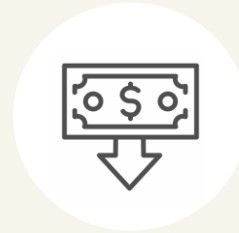
Parents working to stay present and rebuild relationships with their children.

Youth navigating mental health concerns, peer pressure, and trauma.

Individuals recently released from incarceration, ready to start fresh.

Community members simply looking for someone who will listen and help.

**Everyone we serve is met with respect, empathy, and a belief in their potential to heal.**



**94.8%**

live under financial strain



**16.8%**

experience housing insecurity



**28.3%**

have not completed high school



**84.8%**

use Medicaid or Medicare, or are uninsured.

# OPM history



20-21

**\$104,500**

OPM grant award

**955**

served in Stamford  
treatment programs

21-22

**\$104,500**

OPM grant award

**940**

served in Stamford  
treatment programs

22-23

**\$104,500**

OPM grant award

**1,291**

served in Stamford  
treatment programs

23-24

**\$104,500**

OPM grant award

**2,097**

served in Stamford  
treatment programs

24-25

**\$110,000**

OPM grant award

**2,169**

served in Stamford  
treatment programs

25-26

**\$130,000**

OPM grant award

*projected*  
**2,300**

served in Stamford  
treatment programs



## Who we've served in Fiscal Year 2025



# 2,169

total clients served in  
our Stamford treatment programs

# 326

clients served  
at Liberation House

# 1,843

clients served  
in our outpatient programs



# Stamford treatment programs

Residential treatment

## Liberation House

A residential program designed to support men on their recovery journey, providing structured care and a strong sense of community.

### Who we serve:

**326**

clients served  
in FY25

**96%**

living under significant  
financial strain

**63%**

did not live in private  
residence before  
admission

**27%**

clients are homeless,  
from shelters, and  
transitional housing

### Common challenges:

Disconnected from family, friends,  
livelihoods due to substance use.

**2%**

AIAN

**26%**

Black

**21%**

Hispanic

**1%**

NHPI

**49%**

White



# Stamford treatment programs

## Residential treatment

# Liberation House

A residential program designed to support men on their recovery journey, providing structured care and a strong sense of community.

### FY25 outcomes:

**87%**

completed their  
treatment plan

**12%**

above the  
Connecticut goal

**95%**

reported  
satisfaction

**19%**

above the  
Connecticut goal

**99%**

not re-admitted  
within 30 days

**16%**

above the  
Connecticut goal



# Stamford treatment programs

## Outpatient treatment

# Outpatient services

The care people in Stamford need, when they need it. Offering Medication-Assisted Treatment, mental health treatment, intensive outpatient programs, counseling, and more.

## Who we serve in Stamford:

**1,843**

served in FY25  
564 MAT | 170 IOP

**↑92%**

since FY23

**344**

avg. daily census  
(MAT)

## Reported reduced or abstained substance use:

**62%**

MAT clients

**95%**

OP and IOP clients

**92%**

Low income  
57% below poverty line; rest ALICE

**Medicare/Medicaid/  
no insurance:**

**86%** of clients



# Stamford treatment programs

## Outpatient treatment

## Outpatient services

The care people in Stamford need, when they need it. Offering Medication-Assisted Treatment, mental health treatment, intensive outpatient programs, counseling, and more.

### FY25 outcomes:

**62%**

of MAT clients eliminated  
substance use

**24%**

above the  
Connecticut goal

**64%**

of OP/IOP clients  
completed the program

**28%**

above the  
Connecticut goal

**100%**

of surveyed clients  
reported satisfaction

**25%**

above the  
Connecticut goal



# Other Stamford services

## Integrated Mental Health

**232**

people with mental health concerns served

**83%**

of clients completed the program

**400+**

counseling sessions held monthly

## Outreach

**228**

community members served in Stamford

**44**

community members seen for the first time

**22**

referrals made to other services

## Prevention

**96%**

of students surveyed will utilize our lessons

**2**

Stamford-based community initiatives

**1**

new dedicated office at Pollak Place

## More to come

**Liberation House renovations**  
**New women's residential beds**  
**Managed Alcohol Program**

No services abandoned or curtailed

all outcomes for FY25



**Thank you.**