

Stamford Board of Representatives Fiscal Committee Budget Presentation



From Homeless to Home

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About us

Inspirica is an organization rich in history, serving 500+ of our most vulnerable residents, including children, every night.

Our mission is simple.

Inspirica strives to end homelessness and housing insecurity by helping individuals and families achieve independence through support services and affordable housing.

The work to support our mission is not always easy, given the number of challenges we presently face such as a rise in homelessness, lack of affordable housing, increased targeting and funding challenges regarding undocumented individuals, and growing numbers of individuals with behavioral health challenges. At Inspirica, we are proud that every day our dedicated, hardworking, and compassionate staff face these challenges by working as a team, leading with innovative solutions, and delivering positive outcomes for our clients and the community.

We are thrilled to share Inspirica with you!



Inspirica is rated 4 stars by Charity Navigator and is designated Platinum for Transparency by Candid.

Our impact

*Our work delivers **significant improvements** in the lives of our housing residents, helping them **achieve independence and stability.***



4,153

Total community members served

187 PARTICIPANTS SERVED IN EDUCATION, EMPLOYMENT, AND FINANCIAL EMPOWERMENT PROGRAM

90 FAMILIES AND INDIVIDUALS MOVED INTO PERMANENT HOUSING

341 INDIVIDUALS SERVED IN EMERGENCY HOUSING

144 INDIVIDUALS SERVED IN PERMANENT SUPPORTIVE HOUSING

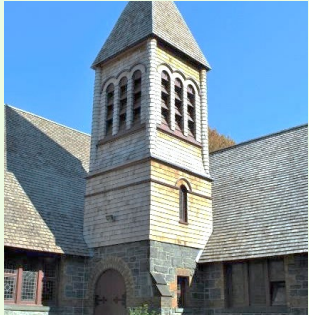
221 INDIVIDUALS LIVING IN DEEPLY AFFORDABLE HOUSING

212 CHILDREN SERVED ACROSS ALL PROGRAMS

3,643 COMMUNITY MEMBERS SERVED VIA HARVEST FOR HOPE AND HOLIDAY WISHES

FY25 data (7/1/24-6/30/25)

Emergency & Triage Housing (127 beds)



Women's Shelter provides housing and case management for single women with a **25-bed** capacity. Also serves as a **seasonal shelter** during the coldest nights (**10** beds).



Emergency and Triage housing for families provides housing and case management services with a **92-bed** capacity. Emergency Family Housing is funded for 49 beds, with 18 cold weather beds. Triage Housing accommodates 25 beds.

Permanent Housing (223 units)



Atlantic Park 27 units / 27 beds
Colony Apts 29 units / 29 beds
Franklin Apts 53 units / 125 beds
Gilead House 16 units / 16 beds
Inspire House 13 units / 13 beds
McKinney Residence 15 units / 15 beds
Metcalf House 10 units / 10 beds
Rose Park Apts 3 units / 12 beds
Summer Place 48 units / 64 beds
24 Woodland 6 units / 24 beds
26 Woodand 3 units / 12 beds



Empowerment Center

Employment, Education & Financial Empowerment (EEFE)

ADULT EDUCATION

We partner with the Stamford Public Schools to provide **pathways to completing a high school diploma, national external diploma, and GED** as well as instruction to improve English language skills.

FINANCIAL LITERACY

We provide a more **comprehensive financial literacy education and one-on-one financial coaching** to program participants and staff to improve their credit and move towards financial stability.

CAREER SERVICES

We develop and maintain **employment support groups and mentorship opportunities** to motivate participants to attain and maintain employment while pursuing options for wage growth.

SUPPORTIVE ENVIRONMENT

We facilitate **additional support and resources for participants who may need more hands-on assistance** in obtaining and retaining employment due to physical health, mental health, or age.

Children's & Youth Services

foundational, educational, psychological and developmental support

EARLY CHILDHOOD & PARENTING

Pre-literacy and developmental programming to children from birth to age 5, with concurrent training for their parents. We also partner with licensed daycare facilities to **place eligible children in quality childcare programs.**

SCHOOL-AGE CHILDREN

We facilitate **timely school enrollment and monitor school attendance** for children living in the shelter. We support the McKinney Vento Education Act and engage **academic advocacy for our children living in shelter.**

YOUTH CENTER

After school services offering **social, educational and recreational activities** to help gain self esteem and excel in school.

ADDITIONAL SUPPORT

Provide direct **mental health and wellness support and other needed services** to our families and children.

Senior Services

SUMMER PLACE

An affordable and deeply affordable housing building for the aging community (55 and older) who have experienced homelessness and/or are living on a fixed income. Inspirica provides programs to support the residents. The building and leasing is managed by Charter Oak Communities.



Summary of significant changes

Staffing and headcount

- We are committed to maintaining the essential services upon which our community members have come to rely on, and we do not anticipate significant headcount changes in the coming year.
- We have added a VP of Finance to replace our outsourced fiscal partner and expect to hire an Assistant Controller in the coming months.
- We have added a Director of Executive Administration and Communications to replace two roles: Executive Assistant and Director of Marketing.

Capital expense requests

- In FY 2026, Inspirica received funding for playground renovation at 141 Franklin Street, and expansion of our food program for Triage Center residents.
- For FY 2027, Inspirica has requested funding to replace the ADA accessible ramp and fire escape at our Women's Shelter, and funding to expand our Triage Center food program.

New or expanded programs and services

Expansion of wraparound services

- We have combined our Children's & Youth Services, Senior Services and EEFE program (Education, Employment & Financial Empowerment) into the **Empowerment Center**; this renewed focus has allowed us to expand our L.I.F.E. Project (training focused on life skills, employment readiness, financial literacy, and education pathways) to conduct 6 trainings within the fiscal year.

Triage Center added as a permanent program

- In January 2025, we opened our Triage Center, providing night-by-night shelter for homeless families during cold weather months. Integration with the Triage Program enabled successful family transfers into our Family Housing program; this pilot was so successful it has become a new permanent program.

Abandoned or curtailed programs and services

While Inspirica recognizes the tenuous nature of the current Federal funding environment, we do not anticipate closing or curtailing any of our programs and services at this time.

Key agency challenges

- **Food insecurity** continues to be a concern and feeding residents is exceeding our budget, especially during the many severe weather protocols we have had this winter. We currently utilize resources such as local soup kitchens and food banks, and our staff frequently prepares meals. Some of these resources are also experiencing financial challenges.
- **Changes to HUD funding** for Inspire House and Rose Park, two of our Permanent Supportive Housing sites, may force us to restructure funding in FY 2027.
- **Lack of affordable housing** continues to affect our ability to place those families in need.
- Ongoing struggle to provide **competitive frontline staff wages**.

Highlights, efficiencies and service improvements in the last year

- Emergency Shelter, Triage Center and Seasonal Beds at capacity nearly every single day.
- There were 25 days of state-declared cold weather emergencies; we provided housing to anyone who requested it and did not turn anyone away.
- Nearly double the individuals were served in our Family Shelter compared to previous year.
- 47 households secured housing versus 41 in the prior year.
- 111 job placements secured since June 2025.

***We would not be able to provide
our programs and services without funding
provided by the City of Stamford.***

Thank you!



From Homeless to Home

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