



**Department of Health  
and Human Services**  
*Promoting and Protecting Public Health*

# Budget Presentation 2026 - 2027

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# Public Health Accreditation

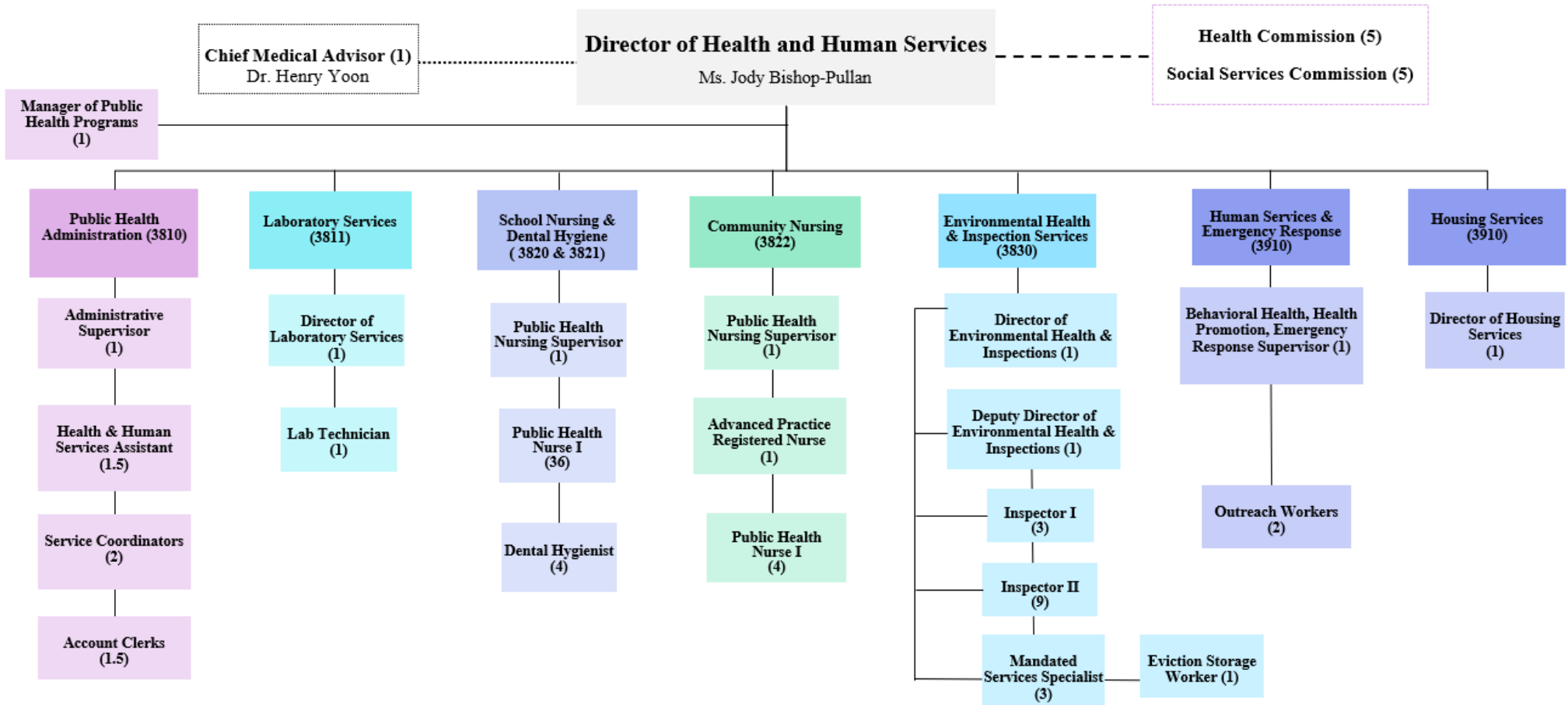
In February 2026, The Stamford Department of Health & Human Services achieved national public health accreditation. This recognition reflects the department's commitment to meeting rigorous standards of excellence and advancing quality improvement, performance management, and accountability in public health services.



# Staffing Overview



## STAFFING OVERVIEW



# Performance

In FY25-26, Q1 and 2

Community nurses gave 481 Flu shots

School nurses completed 100 % vision and hearing screening for public schools and 99% for private schools before the holidays!

Dental screenings done for 2716 elementary and middle school children

Lab collected 89 municipal water sampled for lead and 105 beach water tests were done in Q1. 55 tick samples were sent to the state lab for tested out of 71 samples collected.

Several staff represented 7 community events attended, 7 education sessions held and 10 QPR trainings facilitated

Environmental Health responded to 623 complaints and completed 430 food service establishment inspections



# What is happening in our community? DHHS Data

FY 2024-2025 compared to FY 2023-2024

- Responded to 562 more public health related complaints
- The number of housing violations nearly doubled
- 150% increase in number of clients relocated due to housing code violations
- Number of Fair Rent complaints more than doubled
- 28% increase in requests for housing services information
- 29% increase in tick testing
- Distributed 4 times more radon test kits
- 24% increase in STD testing
- School nurses administered 4000 more medications
- Dental-referral rate decreased from 10.5% to 7.7% of those screened
- 66% increase in the # of events attended; 316 more social media posts



## Expense Increases

Increase to support warming shelters during period of extreme cold weather. The funding ensures that unhoused residents, including seniors and families, have access to safe overnight shelter during winter months. This helps protect public health and safety by preventing cold weather-related illness and injury while ensuring Stamford residents have access to safe, temporary refuge during severe winter conditions.

Without adequate warming shelter capacity, vulnerable residents may be exposed to dangerous cold weather conditions, increasing the risk of hypothermia, emergency medical incidents including death, and strain on local emergency response systems.

## Revenue

Beginning January 2026, the department implemented enforcement of fines for late Multiple Family Dwelling (MFD) license renewal in accordance with the Stamford ordinance. This measure improves compliances with housing safety regulations and to date has generated \$8,500 in additional revenue for the City.

## Savings

The department continues to leverage external funding sources to support staffing and program operations while minimizing reliance on the City's general fund.

The department has secured and utilized several grant programs that support the 10 Essential Public Health Services, allowing us to maintain critical public health infrastructure and services for Stamford residents.



# Expanded Services & Proposed Changes



## Health & Human Services Assistant

Upgrade to strengthen administrative capacity across the department while emphasizing support to Housing Services.



## Public Health Nurse I

Ensures appropriate nursing coverage at Westover School following its expansion to K – 8 and supports the increased demand for mandated screenings, behavioral health support, and specialized student health needs.



## Epidemiologist

Enhance the department's ability to monitor public health surveillance systems, identify emerging health threats, and respond effectively to disease outbreaks and community health trends.





# Questions?

Thank you!



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