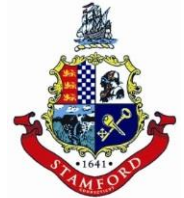


Please join us for

Healthy Day



Presented by the Stamford Department of Health

Stop by our Healthy Heart Day tables in the lobby to learn practical information to help you maximize your health and prevent disease. Free of charge & open to the public.



ASK THE DIETICIAN

with Jenna Hourani, RD, of ShopRite



BLOOD PRESSURE SCREENINGS

conducted by Visiting Nurse & Hospice of Fairfield County



HANDS FOR LIFE CPR DEMONSTRATIONS

presented by Stamford EMS

**Tuesday, February 20, 2018
10:30 AM – 12:30 PM
Government Center Lobby**

Visiting Nurse 
& Hospice of Fairfield County
Trusted care. When you need it most.

