

**Text Change - Gymnasium/Physical Culture Establishment
Recreational Facilities & Similar Uses**

	Name	Location	Use	Acreage	Zone	Outdoor Activities	Abutting Residential	Activities/Uses Offered	Zoning Approval Process
1	Lifetime Fitness	High Ridge Office Park	Gym/PCE	38.8	C-D	Yes	Yes	Fitness center, Group fitness classes, Basketball courts, Indoor and outdoor pools, Children's programs, Café, Spa, Camps, Racquetball	Special Exception/Site Plan (Zoning Board)
2	Italian Center	1620 Newfield Avenue	Community Center	27.6	RA-1	Yes	Yes	Banquet Space (600 guests), Outdoor Pools (with Diving Boards and Water Slides), Tennis courts (with lights), Platform Tennis courts, Multi-Sport Fields/Courts, Snack bar, Minigolf course, Whirlpool spa, Playground, Summer Camp, Preschool, Fitness Center, Indoor pool, Men's Club, Basketball courts	Special Exception (ZBA)
3	Jewish Community Center	1035 Newfield Avenue	Community Center	14.8	RA-1	Yes	Yes	Outdoor Multi-Sport fields, Outdoor Tennis courts, Canopy Ziplines, Ropes Course, Mini-Golf Course, Playgrounds, Fitness Center, Group fitness classes, Indoor Pool, Gymnasium, Indoor Cycling, Dance and Yoga studios, Daycare, Camps, Café/Bakery	Special Exception (ZBA)
4	Newfield Swim and Tennis Club	80 Red Bird Road	Swim/Tennis Club	7.4	R-20	Yes	Yes	Outdoor Pools (with Diving Boards), Tennis Courts, Snack bar, Basketball Courts, Volleyball, Competitive and Recreational sports, Camps, Pro Shop	Special Exception (ZBA)
5	Roxbury Swim and Tennis Club	240 Roxbury Road	Swim/Tennis Club	23.3	RA-1	Yes	Yes	Outdoor Pools (with Diving Boards), Tennis Courts (with lights), Platform Tennis Courts, Competitive Team Events, Snack Bar, Playground, Basketball, Ping-Pong, Camps	Special Exception (ZBA)
6	Long Ridge Swim and Tennis Club	2517 Long Ridge Road	Swim/Tennis Club	14.9	RA-2	Yes	Yes	Outdoor Pool (with Diving Boards), Tennis Courts (with Lights), Handball Courts, Snack Bar, Clubhouse Facilities, Camps, Competitive Team Events	Special Exception (ZBA)
7	Rockrimmon Country Club	2949 Long Ridge Road	Country/Golf Club	32.3	RA-2	Yes	Yes	Golf Course, Tennis Courts, Outdoor Pools, Outdoor Sport Court, Club House, Restaurant, Camps, Banquet Space	Special Exception (ZBA)
8	New York Sports Club	106 Commerce Road	Gym/PCE	7.9	M-L	No	No	Group Fitness Classes, Indoor Pool, Sauna, Squash, Basketball Court, Day Care	As of Right
9	Stamford Yacht Club	97 Ocean Drive West	Beach Club	5.1	R-20	Yes	Yes	Tennis Courts, Paddle Tennis, Outdoor Pool, Bar, Restaurant, Camp, Banquet Space, Docks	Special Exception (ZBA) Special Exception (ZB)
10	King School	1450 Newfield Ave	Private School	34.1	RA-1	Yes	Yes	Nursery through High School, Athletic Fields, Playgrounds, Track, Organized Outdoor Sports, Auditorium	Special Exception (ZBA)
11	Trinity Catholic Middle/High School	926 Newfield Ave	Private School	25.9	RA-1 & R-20	Yes	Yes	Middle through High School, Athletic Fields, Organized Outdoor Sports, Auditorium	Special Exception (ZBA)
12	LA Fitness	52 Sixth Street	Gym/PCE	13.2	CSC-D	No	Yes (6th St)	Group Fitness Classes, Basketball Court, Indoor Cycling, Indoor Pool, Sauna, Juice Bar.	Site Plan Approval (Zoning Board)
13	Stamford Athletic Club	75 Third Street	Gym/PCE	2.1	R-H	No	Yes	Group Fitness Classes, Indoor Pool, Sauna, Hot Tub, Basketball Court, Racquetball, Competitive Events	Site Plan Approval (Zoning Board)
14	Stamford YMCA	10 Bell Street	Community Center	0.7	CC-N	No	Yes	Fitness center, Indoor swimming pool, Racquetball/squash court, Fitness classes, Summer camp, After school LEAD programs (elementary, middle and high school)	As of Right
15	Chelsea Piers	1 Blachley Road	Sports & Recreational Facility	32.7	M-D	No	Yes	Olympic Size pool, Ice Rinks, Restaurant, Indoor Play Pools/Slides, Trampoline Court, Rock-Climbing, Daycare, Batting cages, Basketball courts, Fitness Center, Dance Academy, Daycare, Indoor Turf-Fields w/perimeter track, Gymnastics, Indoor Tennis courts, Indoor Squash courts, Massage & Physical Therapy, Parties and Competitive Events	Special Exception/Site Plan (Zoning Board)
16	Sportplex	49 Brown House Road	Gym/PCE	1.3	M-G	No	No	Squash courts, Group exercise classes, Swimming pool, Personal training, Nursery, Chiropractic & Massage Therapy	As of Right