



July 17, 2018

To: The Stamford Board of Representatives

I am a resident of the City of Stamford, and the managing partner of United Services of America, a company with a major presence and branch offices here in Stamford (750 E Main St). I am writing to let you know that I continue to express my strong support for the zoning text change unanimously approved by the Zoning Board that would permit the creation of a Life Time Fitness facility at High Ridge Park.

As a large commercial cleaning company, we are very conscious of the number of office spaces that sit vacant within the city. It is my belief that if there were more amenities such as Life Time Fitness, it would help to make the office space market more attractive to major corporations. Life Time's multi-faceted facilities and programs would be a valuable addition not only for High Ridge Park, but the community at large. As we all know, the more amenities a city has the more chances it has to appeal to a wider array of people!

I am in favor of the approved regulation to allow Gymnasium and Physical Culture Establishments to be located in the corporate office parks (C-D Zones), and in particular to enable Life Time Fitness to request a Special Exception and Site Plan application at High Ridge Office Park. I urge the Board of Representatives to uphold the Zoning Board approval.

Sincerely,

Paul Senecal  
Managing Partner  
United Services of America



733 Summer Street Suite 601 Stamford CT 06901 Telephone: 203.359.4761 Fax: 203.363.5069  
www.stamfordchamberofcommerce.com

---

July 18, 2018

Members of the City of Stamford Board of Representatives  
C/O Valerie Rosenson, Legislative Officer  
888 Washington Blvd.  
Stamford, CT 06901

Dear Ms. Rosenson,

This letter is to inform the Board of Representatives that the Stamford Chamber of Commerce representing over 1,000 businesses is in favor of supporting the Life Time Fitness Center as proposed by George Comfort & Sons, Inc. in the High Ridge Office Park complex. As the fastest growing city in the state, we see this project as economic development, job growth and increasing revenue for the city through this business expansion. The Chamber of Commerce is supportive of development and investment in Stamford that further stimulates economic growth within the city.

George Comfort & Sons, Inc. is a Chamber Member in good standing and a reputable firm whose expertise in development adds significant value to the integrity of the city.

Sincerely,

A handwritten signature in blue ink that reads "Heather Cavanagh". The signature is fluid and cursive, with the first letter of each word being capitalized and larger than the others.

Heather Cavanagh  
President & CEO  
Stamford Chamber of Commerce

Cc: Stamford Chamber of Commerce, Executive Committee

**From:** [Michele Schroeder](#)  
**To:** [Board of Representatives](#)  
**Cc:** [mms131@live.com](mailto:mms131@live.com)  
**Subject:** Life Time Fitness Support  
**Date:** Wednesday, July 18, 2018 5:22:49 PM  
**Attachments:** [Lfe Time Fitness Support Ltr..pdf](#)  
**Importance:** High

---

To Whom It May Concern;

Please see attached letter in favor of Life Time Fitness. As a Stamford resident since birth, I have seen many changes to Stamford both good and bad, and truly feel Life Time Fitness will be an added value to the community. I recently took another drive through the office park to the proposed site and disagree with those who are trying to stop the Life Time Project. It's tucked out of the way and I feel there could be a good compromise to help maintain the residential neighboring properties and provide amenities to those in favor of this project. Kindly accept my letter of support of helping **Stamford** grow.

Sincerely,

Michele Schroeder

Legal Assistant

Law Offices of Seth J. Arnowitz, LLC

Stamford Office: 733 Summer Street - Suite 302, Stamford, CT 06901

Phone: 203-348-7722 ~ Fax: 203-348-7744

[MSchroeder@ctattorney.com](mailto:MSchroeder@ctattorney.com)

This email transmission contains information from the Law Offices of Seth J. Arnowitz, LLC which is confidential and may be legally privileged. The information is intended for the use of the individual or entity to which this transmission is addressed. If you are not the intended recipient, you are hereby notified that any disclosure, copying, distribution or taking of any action in reliance on the contents of this information is strictly prohibited. In this regard, if you have received this email in error, please notify us by telephone immediately and destroy this email transmission.



Virus-free. [www.avast.com](http://www.avast.com)

Michele Schroeder  
167 Dannell Drive  
Stamford, CT 06905

July 18, 2018

To The Stamford Board of Representatives:

I am a longtime resident of Stamford and live near High Ridge Park. I am writing to express my continued support for the proposed Life Time Fitness project.

I am truly surprised the approval of this project is even in question. Taxes in the city continue to rise year after year. The city has an obligation to protect taxpayers and do whatever it can to both spend our tax dollars wisely and also generate sustainable revenue that will enable Stamford to continue to provide the services residents need.

As the building ages and becomes obsolete for the modern economy, the pressure on taxpayers will only continue to mount. Adding desirable amenities such as Life Time Fitness, however, would generate needed tax revenue, as well as attract corporate tenants to the remainder of the park – a win, win!

Moreover, Life Time Fitness is a Class-A amenity for a Class-A park. This state-of-the-art facility would enhance the environment for people who live in the area, as well as those who work or own businesses nearby. The market for housing and office space in North Stamford is stagnant, because residents and businesses desire amenities not currently available. Adding a Life Time Fitness would bring tremendous value to the residential and office markets of the area.

Additionally, Life Time Fitness would also create a sense of community around the facility. It simply adds another option for membership that I know our neighbors are eager to embrace, presenting offerings that only a world-class facility could.

In conclusion, I join with my friends and neighbors of Stamford in urging you to approve the proposed concept for a Life Time Fitness in High Ridge Park.

Sincerely,



Michele Schroeder

**From:** [Wu, Vivien @ New York](#)  
**To:** [Giordano, Phillip](#)  
**Cc:** [Board of Representatives](#)  
**Subject:** Uphold Zoning Board Text Change Approval #217-01 (High Ridge Park/LifeTime Fitness)  
**Date:** Wednesday, July 18, 2018 2:53:40 PM

---

Hello, Representative Giordano,

I live in your district at 5 West Washington Avenue and work in Stamford. I am in favor of the approved regulation to allow Gymnasium and Physical Culture Establishments to be located in our corporate office parks (C-D Zones), and in particular to enable LifeTime Fitness to request a Special Exception and Site Plan application at High Ridge Office Park. I urge the Board of Representatives to uphold the Zoning Board approval.

Thank you  
Vivien Wu

Vivien Wu  
**CBRE | Capital Markets**  
201 Tresser Boulevard, Suite 201 | Stamford, CT 06901  
T 203 352 8958 | C 978 549 8387  
[vivien.wu@cbre.com](mailto:vivien.wu@cbre.com) | [LinkedIn](#)