

From: [J LAWLER](#)
To: [Rosenson, Valerie](#)
Subject: Lifetime Fitness Zoning Application
Date: Monday, July 16, 2018 11:58:50 AM

My wife and i are residents of Stamford, on Old Logging Rd in North Stamford. We would like to put our objection to the construction of the LifeTime Fitness facility. We feel it will negatively impact the area in that traffic, which is already bad on High Ridge Rd, and it will also negatively impact other facilities such as the Italian Center and the JCC, both longtime Stamford facilities.

Thank you
Jim and Jessica Lawler
65 Old Logging Rd
Stamford, CT 06903

From: [Veronica Buzzi](#)
To: [Board of Representatives](#)
Subject: North Stamford resident
Date: Tuesday, July 17, 2018 1:01:58 PM

I am a north stamford resident and a supporter of lifetime fitness . We have them where I grew up In New Jersey and I'd love to see one built here in our neighborhood . Thank you !
Veronica Buzzi

Sent from my iPhone

From: [Foglia, Philip](#)
To: [Lion, Bob](#); [Matherne, Raven](#)
Cc: [Board of Representatives](#)
Subject: LIFETIME/STAMFORD
Date: Tuesday, July 17, 2018 4:02:47 PM

I am in favor of the approved regulation to allow Gymnasium and Physical Culture Establishments to be located in our corporate office parks (C-D Zones), and in particular to enable LifeTime Fitness to request a Special Exception and Site Plan application at High Ridge Office Park. I urge the Board of Representatives to uphold the Zoning Board approval.

Best Regards,

PHIL FOGLIA
88 SADDLE HILL ROAD

From: [Steven Fusco](#)
To: [Adams, Terry](#); [Coleman, Elise](#)
Cc: [Board of Representatives](#)
Subject: Lifetime fitness Stamford
Date: Tuesday, July 17, 2018 1:42:47 PM

Good Afternoon,

I am in favor of the approved regulation to allow Gymnasium and Physical Culture Establishments to be located in our corporate office parks (C-D Zones), and in particular to enable LifeTime Fitness to request a Special Exception and Site Plan application at High Ridge Office Park. I urge the Board of Representatives to uphold the Zoning Board approval.

Thank you,

Steven Fusco
201 Commons Park S 1004
Stamford, CT 06902

From: [Joe Meneses](#)
To: [Board of Representatives](#)
Cc: [Daniella](#) [Victoria Delbalzo](#)
Subject: Please Approve the Zoning for Lifetime Fitness in Stamford
Date: Tuesday, July 17, 2018 10:00:22 PM

To Whom it May Concern,

My wife Daniella and I live in Stamford. We drive all the way to the White Plains LifeTime Fitness facility because of the quality of the facility, the culture of families and friends meeting others. They provide more than any gym has ever offered in my experience.

I'm disappointed to hear that there has been an appeal of the approved zoning to build Lifetime Fitness at High Ridge Road.

I hope the board will consider the positive impact LifeTime fitness would bring to the Stamford Community.

There is no quality gym of this type anywhere besides Chelsea Piers on the other side of town. The jobs, culture and impact to the local communities near Chelsea Piers I'm sure have been positive.

On another note, LifeTime Fitness received approval to build in Chappaqua, NY. I grew up in Chappaqua and know that the community is excited for the build.

Please let me know if I can provide any further information to the board. Please help bring LifeTime Fitness to Stamford.

Best Regards,

Joe

Cell: (914) 804-9141
Joe.Meneses@yahoo.com

From: [Laura Schultz](#)
To: [Board of Representatives](#)
Subject: Please allow Gymnasium and Physical Culture Establishments in C-D Zones
Date: Tuesday, July 17, 2018 12:36:32 PM

I am in favor of the approved regulation to allow Gymnasium and Physical Culture Establishments to be located in our corporate office parks (C-D Zones), and in particular to enable LifeTime Fitness to request a Special Exception and Site Plan application at High Ridge Office Park. I urge the Board of Representatives to uphold the Zoning Board approval.

Laura J. Schultz
Real Estate Associate

Cell: [516.320.5824](tel:516.320.5824)
laura@schultz.net

CT License # RES.[0806887](#)
NY License # 10401312173

Weichert | Madison and Post LLC
[60 Long Ridge Road, Suite 408](#)
[Stamford, CT 06902](#)

From: [Mike](#)
To: [Board of Representatives](#); [Lion, Bob](#); [Matherne, Raven](#)
Subject: Please Uphold Zoning Board Text Change Approval #217-01 (High Ridge Park/LifeTime Fitness)
Date: Tuesday, July 17, 2018 3:56:32 PM

Hello Bob, Raven and the Stamford Board of Reps:

As a long-time Stamford resident, property owner, and taxpayer, I am **STRONGLY** in favor of the approved regulation to allow Gymnasium and Physical Culture Establishments to be located in our corporate office parks (C-D Zones), and in particular to enable LifeTime Fitness to request a Special Exception and Site Plan application at High Ridge Office Park.

The glut of **EMPTY** commercial space demands creative solutions, and this is a very minor change to allow a facility that is **MUCH** needed and provides many positive benefits to Stamford and its residents (including jobs, tax revenue and economic development, among many others).

I urge the Board of Representatives to uphold the Zoning Board approval

Michael Speaker
146 Blackberry Drive – Stamford
203.750.0868

From: [Tessitore, Marc](#)
To: [Board of Representatives](#)
Subject: Lifetime In Stamford
Date: Tuesday, July 17, 2018 1:26:37 PM

I want to express my absolute agreement and approval for Stamford moving forward with the creation of a Lifetime Fitness Center and build out here in Stamford.

As a current member of The Harrison Lifetime since prior to its opening, I can speak first hand to the class A production, quality and nature of professionalism that Lifetime Fitness provides.

Lifetime is a state of the art health and wellness center in my opinion. It's brand brings with it a level of service to Stamford that in my opinion has not been seen before in the other clubs that exist here in our community.

Where else can you go to get state of the art fitness equipment, world class trainers, beautiful adult and children's pools, health driven foods, steam, sauna, etc...all under one roof in a style that is modern and sheik?

As a resident, real estate agent, and property investor I will suggest that this facility will add value to the resident's quality of life and cache to the current property values here in Stamford.

I also believe based on what I have seen from Lifetime's history is that they will properly survey and study the impact on traffic and provide ample parking and entry and exit points to minimize any traffic that this might cause.

They have done a magnificent job with this in Harrison and so I don't see why it would be any different in Stamford.

I look forward to continuing my long term membership!

Best Always!

Marc Tessitore

Licensed Property Sales Specialist

New York and Connecticut

Member N.A.R.

Coldwell Banker Residential Property

191 Mason Street Greenwich CT

Cell: 917-912-0717

E mail: marc.tessitore@cbmoves.com

Website: marcsells.net

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July 17, 2018

Dear Members of the Stamford Board of Representatives,

I write this letter in support of the Life Time Fitness proposal in North Stamford.

Life Time Fitness is a nationally recognized brand with a strong reputation. The health and wellness lifestyle in the U.S. is a major value proposition in contemporary and evolving communities. Hopefully, Stamford—and specifically North Stamford—should be no different.

Specific to this proposal and its location, I would say a few things:

- 1) We recently conducted an analysis of fitness center locations in Stamford, as part of our assessment of facilities that may serve our campus. It is clear that a major full-service facility like Life Time Fitness does not exist in the North Stamford area.
- 2) Though the residence halls for our campus have received much attention these last two years, please note that the large majority of UConn Stamford students are actually commuters—many of whom come from Stamford and Fairfield County. Additional health and wellness resources may be of personal interest to them.
- 3) As an established employer brand, the campus sees value in a Life Time Fitness establishment. Employment, internship, and other experiential learning opportunities can be created with this new partner.

I believe the addition of Life Time Fitness would help buttress a specific ecosystem within Stamford, and strengthen the City of Stamford's profile overall, adding value and options for existing community members, while making Stamford even more attractive to newcomers.

Sincerely,

A handwritten signature in black ink that reads "Terrence Cheng". The signature is written in a cursive, flowing style.

Terrence Cheng
Campus Director

David S. Cingari
1622 Shippan Ave
Stamford, CT 06902

July 17, 2018

RE: LIFETIME FITNESS IN STAMFORD

To: The Stamford Board of Representatives:

I am a longtime Stamford resident and the owner of a business in Stamford for over 30 years. My company, David's Soundview Catering, services many local companies and citizens and I am in tune with how the people of Stamford want to see their city evolve.

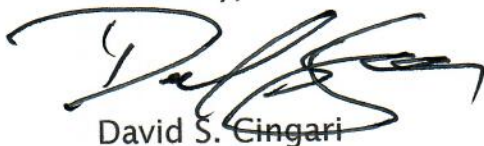
I am writing to express my strong support of the LifeTime Fitness which is being proposed for High Ridge Park.

This is a smart and positive move for the City of Stamford – for its residents, for its businesses, for its workforce and for its future. Simply put:

- 1.) High Ridge Park must be reinvented – old office buildings are a drain on the property and on taxpayers.
- 2.) LifeTime Fitness is a world-class institution that will contribute to the health, well-being and overall quality of life for its residents and workforce.
- 3.) New amenities are what businesses are looking for in choosing a location, because it is what the workforce is looking for. In order for Stamford to remain competitive, it must adapt to the times or risk becoming obsolete as companies take their businesses – and tax dollars – elsewhere.

Thank you for your consideration in regards to this matter.

Sincerely,



David S. Cingari



From: [Jay Markham](#)
To: [Board of Representatives](#)
Subject: Full Support for Lifetime Fitness
Date: Wednesday, July 18, 2018 8:47:45 AM

Dear Representatives,

I am writing to extend my strong support for Zoning Board Appl. 217-01 which would allow "Gymnasium or Physical Culture Establishments" to be located in Stamford's suburban office parks (C-D zones). I understand that a petition to overturn the Zoning Board's approval is currently pending before the Board of Representatives and will be considered tonight.

I am excited that the opportunity for a Life Time in proximity to neighborhoods. For those of us with active lifestyles, a convenient fitness center is just as important as a convenient grocery store, pharmacy, church or school. Having an amenity like Life Time close to home will only increase the value of our properties. I am grateful that the Zoning Board understood this and hope that you will sustain its approval.

I currently live in Stamford, just a mile or two from the proposed location, and I am a current member of Lifetime and travel to Westchester location because of the wonderful benefits it has.

I am in my 20s and everyone I know in my generation **is very excited** about the prospect of Lifetime in Stamford, it would be a wonder addition to the community.

Please consider our appeal and the wonderful benefits Lifetime would bring.

Any questions, please feel free to reach out to me, my cell is 203-461-1821

Jay Markham